



PERINATAL (PREGNANCY TO POSTPARTUM) SUPPORT GROUP FOR MOMS

Every Tuesday, a 10-week **VIRTUAL** support group to help moms connect, talk about adjusting to parenting, and learn helpful coping skills.

*Lead by LA County Department of Mental Health providers,
Danitza Cardenas and Cindy Villaverde*



2/22/22 - 4/26/22



11:30 AM

To register, use link: <https://tinyurl.com/yjpvuru7>
or scan QR Code



For more information,
email: WhittierWC@ph.lacounty.gov

